

Inclusion through Play



Let's Talk About Inclusion!
Play Australia – Early Years Series Aug 2022
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“Livvi’s Place - where we can all play together”



“An inclusive playspace is when design considers & provides safety, fun and comfort for everyone”



Inclusion is 0-100 +

Today:

PLAY

*is not only a child's right,
it is essential activity for health, wellbeing, learning and
overall development.*

*Childhood experiences shape who we will become as
adults.*

- **What is Inclusion? Why important**
- **What can we do to honour every child experiences an inclusive play environment, particularly outdoors**
- **What does this look like – practically**
- **How we can do this**



What is Inclusion?



Access ≠ Inclusion

A truly inclusive playspace goes well beyond access.

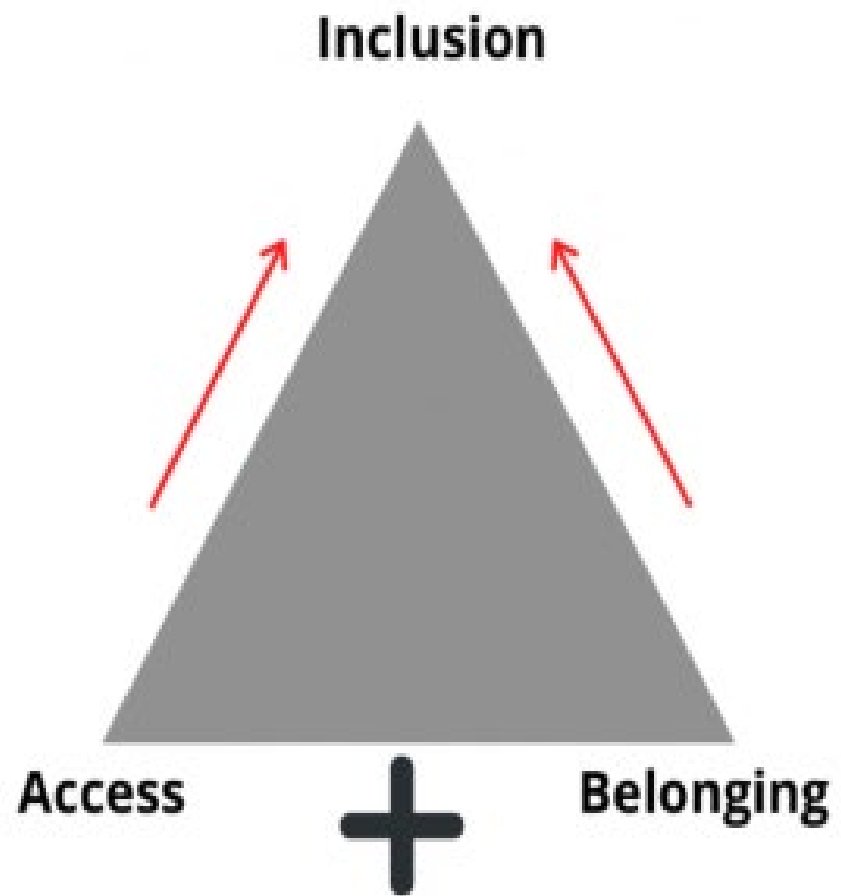
An inclusive playspace is where we all want to go, where everyone can participate, we all are welcome and feel we belong.

Bespoke, universal, inclusive design = INCLUSION

We challenge and change the way we use, design and build public spaces.



What is Inclusion?



INCLUSIVE - meaning its for **EVERYONE**,
all ages, all stages, all backgrounds and all
circumstances
to feel safe, supported and comfortable to
PARTICIPATE,
with **VALUE**,
in whatever capacity they **CHOOSE**,
on any given day.



PARTICIPATION



Able to
DO it

ACCESS
Reach
Manoeuvre.

Comfort
Safety



Be just like
everyone
else

VALUE



Show what
I am
GOOD
at

HELP
Others

Be a
Leader



CHOICE



Independence

Privacy to Play

Who helps

Time

**How & When to
face challenges**



**Dignity
of Risk**

Inclusive environments benefit ALL children



*Childhood
experiences shape
who we will
become as adults.*

*What are we
shaping our
children's
experience of
disability?*



What can we do to honour every child experiences an inclusive play environment ?



Where are we now

- Look at your ACCESS and PARTICIPATION



- Ramp up the CHOICES and OPTIONS

Universal Design is for all

**If you adjust an activity
or cater for supports
you deliver for all**



What does this look like?



WE MAKE THE CHANGES TO THE ENVIRONMENT, ACTIVITY EXPERIENCE so that every child has **SAME** opportunity to achieve outcomes or participate.

Pathways
turning circles
transfer
options

Spaces
Parallel Play - break off
space light/shade/
noise

Where are the
adult support
space?

Ground and
floor
covering

Height and
handles

Visual
supports



MAKE A PLAN STAN!

- Inclusive design is not a one size fits all!
 - ❖ Your children
 - ❖ Your peer groups
 - ❖ Your spaces & resources
- **WRITE** it down at programming and planning level.



| Universal | Individual | At set up or in teaching |
|--|------------------------|--|
| Basic access and design considerations | Supports & adjustments | Instruction in detail or as notes for teaching |

TOP TIPS to Inclusive (Outdoor) Play



1. We change the environment or the activity
2. Watch and observe – Give space and time
3. Remember access is not inclusion – participation
4. The child and the family are the experts
5. Think function and use – put it in the plan!
6. It's not rocket science – More than one way to do it



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**CHALLENGE TO DO BETTER - ONE thing better
YOU'VE GOT THIS**